BACKSTORY  CHRIS PRICE, 46, LIVERPOOL

After witnessing a tragic race accident, Chris was inspired to raise funds by running 32 13.1-milers.

1] Tragedy Last year at mile 12 of the Humber Half, I came across Matthew Good [right], a young man who collapsed [because of heat exhaustion]. He died later that day.

2] Inspiration This had a huge effect on me. After that day, I decided to run 32 half marathons in 2012 – one for every year Matthew lived.

3] Worthy cause His family set up the Matthew Good Foundation [matthewgoodfoundation.org] to fund research into exercise-induced heatstroke [a rare side-effect of strenuous exercise in hot conditions].

4] Target I'm looking to raise £32,000. I'm a third of the way there. You can sponsor me by visiting the website justgiving.com/32-half-marathons.

5] Transformation I started running in 2010 because I was fat and unhealthy – it changed how I live my life. If I can do it, anyone can.

6] Getting faster I ran the Essar Four Villages Half in 1:45, the Liverpool Half in 1:44 and the Stafford Half in 1:42.

7] Jet setting My best race so far was the Marrakech Half. I crossed the line in 1:40.